

Alkaline water is the highest form of drinking water. It has plenty of good minerals and oxygen that helps in human cells growth, development, energy, and sickness prevention. It also helps in flushing out excess human acid waste that causes arthritis, diabetes, ulcer, Cholesterol build up and others. It helps in flushing out toxins that cause cancer.

It has been well proven by modern medicine that free radicals are the underlying cause of ageing and consequently chronic degenerative diseases. The alkaline ionized water has a -150mV negative potential and reduced properties; can neutralized 75% free radicals in the blood; prevent or even reverse ageing, whiten or eliminate brown spots and aged spots.

Benefits of Alkaline Water:

- 1) Flushes out toxins from the body that cause cancer.
- 2) Flushes out acids from the body that cause arthritis & ulcer.
- 3) Dissolves acids which cause kidney stones & gall bladder stones.
- 4) Helps maintain the alkaline level of the body to prevent body fatigue, aches, pain And colds.
- 5) Neutralizes toxic effect of alcohol that causes hang over.
- 6) Flushes out body wastes.
- 7) Gives more oxygen from the body.
- 8) Activates body cells.
- 9) Reduces body cholesterol.
- 10) Neutralizes fats that cause high blood pressure.
- 11) Improves blood circulation.
- 12) Prevents blood clots.
- 13) Increase body energy.
- 14) Increase metabolism rate.
- 15) Prevents osteoporosis.
- 16) Helps in maintaining stronger bones and teeth.
- 17) Improves appetite.
- 18) Prevents constipation.
- 19) Prevents indigestion.
- 20) Avoid leg cramps.
- 21) Prevents migraine and nausea.
- 22) Reduces stress.
- 23) Makes acidic food and drinks more alkaline.
- 24) Slows down aging process.